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[www.thewaterfrontcenter.org](http://www.thewaterfrontcenter.org)

## How to Start a High School Sailing Team!

You know how awesome it is to sail with High School Sailing (HSS) at the WFC...  
Now get your school involved and *start a team!!*

### Steps for Starting a Team:

1. Designate yourself as the Student Team Leader. Even if there are a few students from a school that want to start a team, it is better to have just one person as the official liaison. Of course, the more students that want to start a team, the more likely you'll get one!
2. Print out the "*How to Start a High School Sailing Team*" packet. Review all materials and become an expert in the HSS program. Ask MacKenzie any questions you may have.
3. Hand out HSS flyers at your school. Get names and signatures on the "*We Want a High School Sailing Team*" petition; the more names the better. Think about what students may actually join the team, get parent signatures and try to enlist the support of some school staff that you think would be on board.
4. Set up a meeting with your Athletic Director, Principal, Dean, Student Activities Coordinator or whomever is appropriate. Present to them your petition and the 3-page document from the WFC "*High School Sailing at The WaterFront Center.*" This explains most of the information that a school needs to know.
5. Tell your Athletic Director or Principal (or whomever) that MacKenzie and/or Dave would be willing to speak to them about additional questions they may have.

### **If your school says "YES!" – CONGRATULATIONS!**

*You will then need to:*

1. Register your team with the ISSA and MASSA
  1. Collect at least four team members.
  2. Designate a Team Adult. This can be a parent or school advisor.
  3. The Team Adult will then register your team online with the ISSA and MASSA at [www.massasailing.org](http://www.massasailing.org)
2. Coordinate a team meeting and/or parent meeting with your new team and MacKenzie to go over the goals of the team. To participate in HSS at the WFC team members must complete online registration and submit the registration fee. We suggest teams sign up for the full season to work on necessary skills to compete successfully at events. We encourage teams to pick set practice days and develop guidelines for team members (such as practice requirements, attendance, etc.)



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3. Start practicing!

4. Get ready for regattas. We'll help you with the logistics of picking crews and A and B teams. We can also provide coaching at events if you choose.

**If your school says “No” – THAT’S OKAY!**

*You will then need to:*

1. Get your team going anyway! Schools can form teams and compete without the support of their school. Get some school-mates and sign up for HSS!
2. Follow steps 2, 3 and 4 from above.
3. Compete at regattas under your team name or the WFC name as part of a composite team.

**Can’t get four team members? – THAT’S OKAY!**

*You will then need to:*

1. All the same stuff... just because you are not a team, does not mean you can't do HSS!
2. Sign up for HSS and attend practice.
3. Compete at regattas under the WFC name as part of a composite team.