



## Sailing Gear Recommendations

Below is a list of all the items that a sailor typically needs across a summer, fall and spring season of sailing. Exact items are listed in the table on the second page to indicate the products that our WFC coaches and instructors use themselves.

**If you have any questions in regard to gear and where to purchase it, please feel free to contact MacKenzie at 516-922-7245 x29 or [MacKenzie@theWFC.org](mailto:MacKenzie@theWFC.org).**

Your best bet is to pack a sailing bag with the following:

- PFD (or borrow ours)
- **MANDATORY SPRING SEASON:**
  - Dry Suit
    - 120degree rule. This means if you add the air temp and the water temp together and it's not 120 degrees Fahrenheit then a dry suit is mandatory for all sailors. (Wet suits are not acceptable.) The mandatory dry suit rule will be lifted when the air and water temps are over 120 degrees for four consecutive days.
  - Closed toe captive heel dinghy boots or sneakers
  - Winter sailing gloves (Lobster gloves)
  - Winter hat
- Non-cotton layers, such as nylon and fleece – think Tech Shirt, UnderArmour, close-fitting fleece
- Spray top and spray pants (sailing specific waterproof layers- not just for rain, but great on chilly and windy days)
- Boots (at the very least: closed-toe, captive-heel shoes. Although, sailing boots will keep your feet warmer as it gets colder.)
- Sailing gloves (warmth and protection from line)
- Hat/sunglasses/sunblock
- Fleece or wool hat as it gets chilly
- Change of clothes to warm up after practice
- Reusable water bottle
- Waterproof countdown watch
- Bailer (Empty Tide Detergent Bottle or Large Arizona Iced Tea Jug work best.)

**Some good vendors for sailing gear include:** Annapolis Performance Sailing (10% off, [www.apsltd.com](http://www.apsltd.com), (800) 729-9767); Landfall Navigation (15% off, free shipping over \$40, warehouse in CT with clearance

racks, [www.landfallnavigation.com](http://www.landfallnavigation.com), (800) 941-2219); Whitecaps Marine Outfitters ([www.whitecapsmarine.com](http://www.whitecapsmarine.com), (888) 994-4832); West Coast Sailing ([www.westcoastsailing.net](http://www.westcoastsailing.net), (503) 285-5536); Sailing Pro Shop ([www.sailingproshop.com](http://www.sailingproshop.com), (800) 354-7245); Mauri Pro Sailing & Marine ([www.mauriprosailing.com](http://www.mauriprosailing.com), (888) 756-8883); Rooster ([www.roostersailing.com](http://www.roostersailing.com)). *Many offer a scholastic discount if you call and mention that your sailor is on a high school sailing team! CALL FIRST!*

*\*Need some help choosing the right gear? Or better yet, want to order some team swag? **WFC IS PUTTING TOGETHER A GROUP ORDER FOR FALL SAILING GEAR.** Depending on interest, we will coordinate group orders on the following items, which can be personalized with school info or WFC info.*

- Spray tops
- Spray pants
- Long sleeve tech shirts
- Fleeces
- Jackets

*If you are interested in participating in the group order, please let me know ASAP.*

| <b>ITEM</b>                | <b>RECOMMENDATIONS (Listed in no particular order.)</b>  |
|----------------------------|--|
| PFD                        | Stohlquist Edge PFD, Astral YTV PFD, Gill USCG Approved Side Zip PFD, Astral Ringo PFD   |
| Dry Suit                   | Stohlquist EZ Drysuit, Stohlquist Amp Drysuit, Gill Pro Drysuit Breathable Front Zip, Musto Foiling Drysuit  |
| Dinghy Boots               | Adidas ClimaCool Water Shoes, Gill Aero Side Zip Dinghy Boots, ZhikGrip 260 Soft Sole Hiking Boot, Zhik 460 Lightweight Race Boot, ZhikGrip 360 Race Hiking Boot, Gill Edge Side-Lacing Racing Boots |
| Winter Sailing Gloves      | Showa Atlas 620, Atlas Hot Tamales Warm Gloves, APS Dry Gloves   |
| Winter Hat                 | Winter Aquafleece Neck Gaiter, Rooster Pro Aquafleece Beanie   |
| Spray Top                  | Gill Dinghy Top, Gill Dinghy Pro Top Smock, Gill Race Waterproof Smock, Helly Hansen Hp Smock Top, Zhik AroShell Smock, Gill Thermal Dinghy Top, Rooster Pro Aquafleece, Rooster Aquafleec Top       |
| Spray Pants                | Gill Dinghy Pro Bib Trousers, Helly Hansen HP Bibs, Gill Womens Dinghy Pro Bib Trousers, Musto Junior BR1 Trousers, Henri Lloyd Freedom Trousers   |
| Sailing Gloves             | Gill Championship Gloves, Atlas Fit Gloves   |
| Sunglasses                 | Anything polarized   |
| Reuseable Water Bottle     | Nalgene 32oz, Hydro Flask  |
| Waterproof Countdown Watch | Shark Watches – Shark Freestyle, Shark Classic, Shark Tide Trainer, Shark Classic Tide Watch, Shark Freestyle Mariner Tide Watch, Killer Shark Tide Watch  |